PHILIPPINE DAILY
INQUIRER
BALANCED NEWS, FEARLESS VIEWS

Tuesday, August 22, 2006 ★★ Vol. 21 / No. 255

Palparan: Let people decide on 'berdugo' tag

By Gil C. Cabacungan Jr.

MAJ. GEN. JOVITO PALPARAN IS RIDING INTO the sunset next month with a lot of unfinished business in the war on communist insurgents but has hardly any regrets on being tagged a berdugo (butcher) for the killings of activists being blamed on him.

"[The berdugo tag] is just in the minds of the

LET PEOPLE A4



REEF AT RISK: This coral reef off Barangay Tando in Nueva Valencia, Guimaras, and its rich marine biodiversity face threats of serious environmental damage if the oil spill from a sunken tanker spreads further.

Probe body a coverup –Pimentel

Says only GMA can stop killings

By Juliet Labog-Javellana and Philip C. Tubeza

MAJ. GEN. JOVITO PALPARAN is casting a dark shadow over the Melo Commission.

A day after he was named head of the panel that will investigate the rash of killings of leftist leaders and journalists, former Supreme Court Associate Justice Jose Melo, 74, has yet to issue a statement on his appointment.

But for Senate Minority Leader Aquilino Pimentel Jr. and Sen. Panfilo Lacson, the creation by President Macapagal-Arroyo of the commission was a meaningless exercise for as long as she idolized Palparan, called a "butcher" by human rights activists and leftists.

Palparan has been blamed by militant groups for the disappearances and executions of anti-Arroyo activists. The commander of the 7th Infantry Division, who is due to retire next month, has denied the allegations. (Story above.)

Lacson said Ms Arroyo's State of the Nation Address on July 24 "heaping praises" on Palparan for his counterinsurgency campaign and urging him "to go ahead with what he was doing and not to backtrack was not only common to victims. It was, in fact, an open declaration of support for one of

PROBE A4



NINOY RITES: President Macapagal-Arroyo attends Mass at the Edsa Shrine in a gesture of reconciliation with her rivals, while former President Corazon Aquino visits her husband's tomb in Parañaque.

Cory prays for Gloria, as she did for Marcos

By Jocelyn R. Uy
Metro

ON THE 23RD ANNIVERSARY yesterday of opposition leader Benigno "Ninoy" Aquino's assassination, his widow prayed for President Macapagal-Arroyo in the same manner she said she did for the dictator Ferdinand Marcos.

In remarks at the Manila Memorial Park in Parañaque City, former President Corazon Aquino recalled her husband's acts of selflessness during the martial law years.

"I used to ask Ninoy why he

CORY A11

₱100-M bond for oil cleanup sought from Petron, shipper

By Blanche S. Rivera
Metro
and Nestor P. Burgos Jr.
Inquirer Visayas

DESPITE PETRON CORP'S COMMITMENT to support a cleanup, the Department of Environment and Natural Resources has started looking into the liability of the oil company and Sunshine Maritime Development Corp. for the massive oil spill in Guimaras Strait.

The Philippine Coast Guard is contemplating a more drastic measure.

Frustrated over the slow response to the oil spill on the part of Petron and Sunshine Maritime, PCG station chief Cmdr. Harold Jarder said the PCG would require the two companies to post a bond of ₱100 million to pay for the cleanup.

Petron and Sunshine Maritime should also pay for the fuel expenses of Coast Guard ships, which had reached ₱10 million in just a week of cleanup operations, Jarder said.

"No amount of cleanup will suffice. We can't sleep as long as the tanker is still there," Jarder, on-scene commander in the cleanup operations, said during a meeting with officials of the province and city of Iloilo yesterday.

Initial reports have it that the oil spill, the second in the country in less than a year, could cause massive pollution in violation of Republic Act No. 9275 or the Clean Water Act.

"There is a violation, of course, but when you file the case, you have to have complete documents. It cannot be half-baked ... We're still assessing the damage because it could be more than what we see now," Atty. Jane Borja, environment

P100-M BOND A4



Video games tapped in fight against cancer

SAN FRANCISCO—VIDEO games are being treated as serious medicine in the battle against health woes ranging from obesity to cancer and dementia.

Several hundred US game developers, medical workers and government policymakers were set to collaborate in Maryland in September at the Games for Health Project devoted to putting video games in the US medicine chest.

"We think there is a huge potential for games to be used for good," said Richard

VIDEO A6

5 youths raise hope with voters' drive

By Gerry Lirio

FIVE YOUNG FRIENDS WANT to prove that former Sen. Benigno Aquino Jr. did not die in vain by spearheading a campaign to get the youth out to vote for the country's next political leaders.

They have formed a group to launch "Voice," which aims to persuade close to 20 million young men and women to register as voters with the Commission on Elections, anytime from today up to the yearend deadline, so they can cast their ballots in the 2007 elections and thereafter.

Calling themselves the "Tabo B Bolero," they are honor students Levie Coquerla, 22, Jay-Ryan Trinidad, 20, and CP Cabras, 22, and Harvey Keh, 27, and Jaymee de la Cruz, 21, who have graduated with honors.

The group is not endorsing any candidate. Nor is it backed by any political figure. All its members want is for other young men and women to get out, register and vote. They noted that in the 2004 elections, millions of youths did not vote because they failed to register.

Coquerla, a law student at the Ateneo de Manila University, said

YOUTHS A15



RAIN-SWEPT leftist protesters gather at the Ninoy Aquino monument in Makati City to commemorate the former senator's martyrdom and condemn the spate of political killings.

Stigma of nursing test leak haunts jobseekers

By Christian V. Esguerra

FOLLOWING REPORTS THAT TEST QUESTIONS in the nursing board exams in June had been leaked to probably thousands of examinees, quite a number of those who passed the licensure exams are having a hard time landing jobs in hospitals, particularly in Metro Manila.

Some hospitals are reportedly rejecting outright job applicants who earned their right to practice nursing after passing the controversial exams. In other hospitals, some trainees from the same batch reportedly got kicked out following complaints from patients who refused to receive nursing care from them.

"We can't really blame the patients or the hospitals because they have reason to be worried," said Jerome Manalhang, a nursing graduate of the University of the Philippines and owner of the 3-year-old Edgeworth Review Center in Manila.

Manalhang said at least 15 nursing graduates, who had enrolled in his review center to prepare for the June exams, had been turned away by various hospitals.

The scandal has sullied the integrity of the licensure exams that hospitals and patients aren't taking any chances even if the new nurses had been given provisional

STIGMA A4

WEATHER FORECAST

Second FRONT PAGE

Impeachment case buried today

Officers poised to resign

By Michael Lim Ubac and Philip C. Tubeza

THE HOUSE OF REPRESENTATIVES HAS CALENdared for plenary action today the committee on justice report junking the second impeachment complaint against President Macapagal-Arroyo for insufficiency of substance.

Reds courting media – Gonzales

By Gil C. Cabacungan Jr.

RP women take case to UN

IOM ends evacuation aid to OFWs with truce



Still no room in detention for former Marine chief

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So, next time before deciding on who will provide your healthcare needs, think of **Manila Doctors Hospital**.

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From left:

Dr. ABUNDIO A. BALGOS, *Pulmonologist*, Associate Dean For Planning and Research, U.P. College of Medicine
Dr. EDWARD H.M. WANG, *Orthopedic Surgeon*, Associate Dean For Faculty and Students, U.P. College of Medicine
Dr. JOCELYN YAMBAO-FRANCO, *Pediatrician*, President, Philippine Pediatric Society
Dr. NELSON T. GERALDINO, *Pathologist*, President, Philippine Society of Pathologists
Dr. RAMON L. ARCADIO, *Pediatrician*, Chancellor, University of the Philippines, Manila
Dr. ALBERTO B. ROXAS, *Surgeon*, Dean, U.P. College of Medicine

For more information, call, see or email us at:

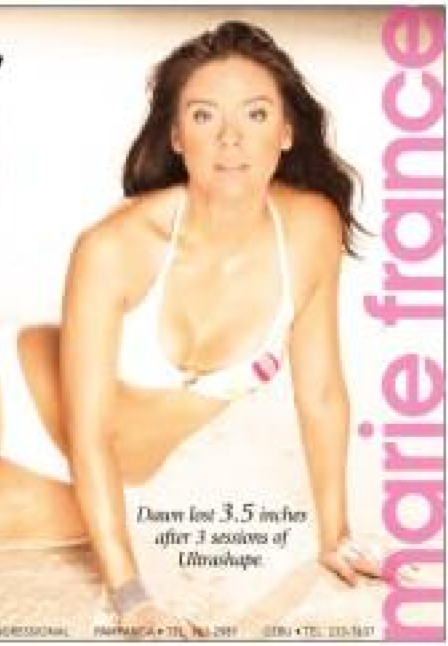
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Cebu Pacific Air seeks fare hike

Militants: Rock n' roll no way to win people

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Stigma of nursing test leak …



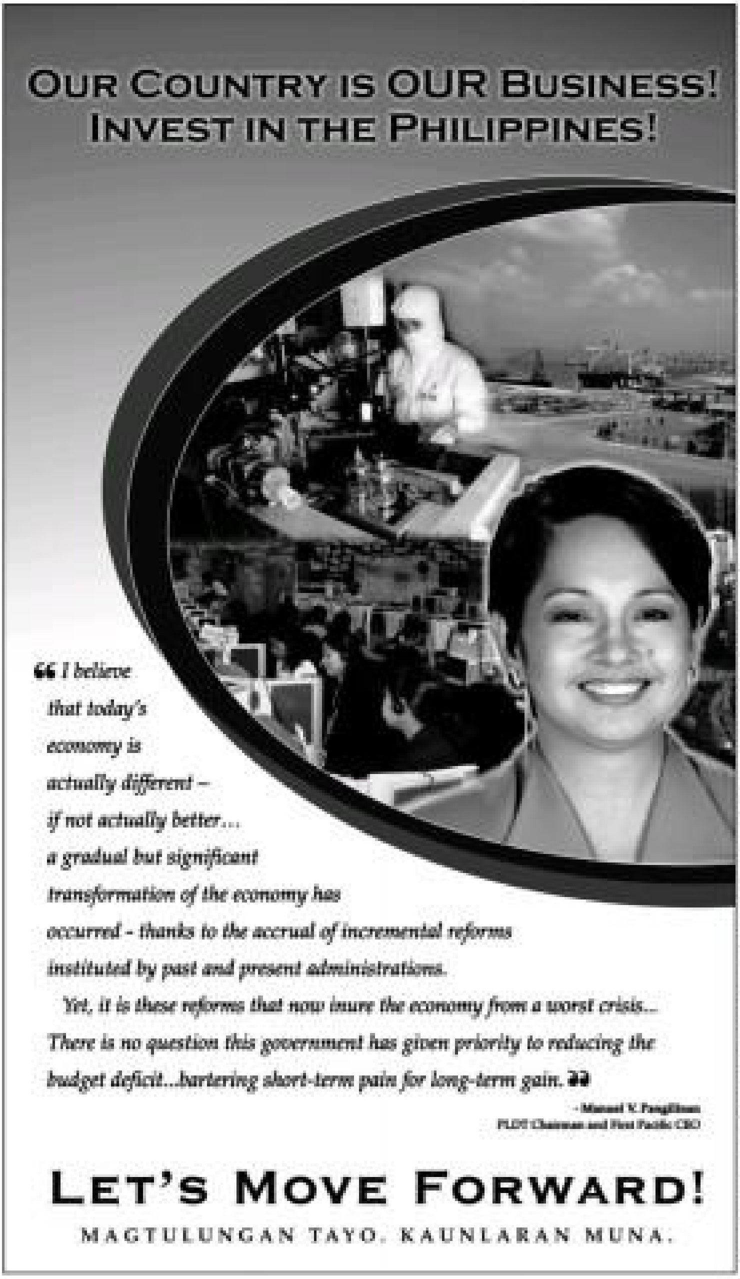


Threat to industry

Great damage

NPA rebels raid Bantay Dagat post

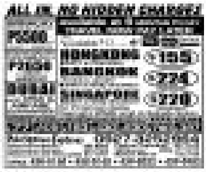
By Carla P. Gomez
Inquirer Visayas

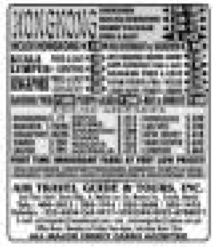


Joya remains to be buried at Libingan

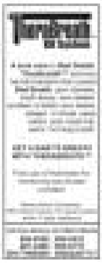


JOYA















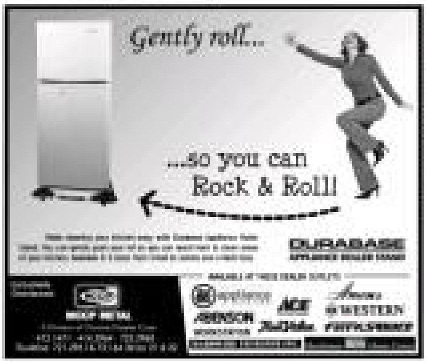




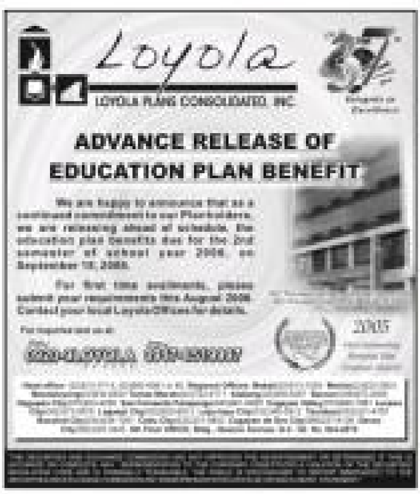












Probe body a coverup–Pimentel

Let people . . .



P100-M bond for oil cleanup . . .

Video games tapped in fight against cancer

IDS Logistics wins Unilever Service Award for second consecutive year.

IDS Logistics (Philippines) Inc. was recently selected by Unilever companies in the Philippines as 2005 Service Supplier of the Year, marking the second year in a row that IDS Logistics has been feted for its partnership with the global fast moving consumer goods conglomerate.

The Award is given annually by Unilever Philippines to the service provider that best demonstrated the meaning of partnership during the year and had contributed the most to Unilever's cost efficiency, business growth and in the delivery of other corporate goals.

"We are extremely proud of this recognition as it validates the trust and continuing partnership with Unilever. Like the award that was given to us last year, this one would not have been possible without Unilever's commitment to pursue logistics management initiatives that have the customer's satisfaction foremost in mind," Emmanuel Bautista, IDS Logistics managing director said.

Last year, IDS Logistics was adjudged as 2004 Vendor of the Year from Unilever's list of suppliers and partners for its third-party logistics services and initiatives that helped Unilever deliver beyond the satisfaction of their customers.

In handing the award this year, Unilever cited IDS Logistics' efforts to increase vehicle load factor, achieving much higher truck utilization which resulted in significant transport savings.

It also cited IDS Logistics' enhancement of core and value-added services, such as Trigantic, a web-based order tracking system for Unilever and its customers, which allows the sharing of real-time information.



Receiving the award are, [illegible], IDS General Manager for Operations and [illegible], IDS Operations Manager for Unilever. Awarding them are [illegible], Unilever Customer Service Director and [illegible], Unilever VP for Customer Development.

Lastly, IDS Logistics was lauded for institutionalizing a continuous improvement program aimed at supporting Unilever's strategic objectives.

This program, dubbed as "Project Density", was also separately recognized by Unilever as "Best in the Philippines" for its company-wide Kaizen or "Continuous Improvement Program." The program involved the improvement on Freight Cost and Truck Loadability Efficiency.

As part of its efforts to further improve efficiency, IDS Logistics is working to optimize transport operations through vehicle routing and scheduling systems. IDS Logistics is also enhancing its radio frequency scanning facility to move to a truly paperless warehouse operation, as well as its multi-packing facility that helped Unilever come up with more multi-SKU packaging designs and bundling.

"We are committed to continuously work with Unilever in improving logistics management processes so we can make their products available to all consumers at the lowest possible unit cost," Bautista said.



Unilever and IDS Logistics executives tour the CDC Facility in Libis, where the distribution of Unilever brands emanate.



The partnership starts at the boardroom with regular coordination meetings to constantly assess performance and processes.



Bundling and promos of Unilever's different brands are made easier through IDS Logistics' Multi-Packing Facility.



IDS Logistics business partners:

PHILIPPINE DAILY INQUIRER
OPINION

Born free and equal

EDITORIAL



Beyond parking tickets

VIEWPOINT

Juan L. Mercado

Not a small triumph

THERE'S THE RUB

Conrado de Quiros

Questions of credibility and independence

POLITICAL TIDBITS



Belinda Olivares-Cunanan

Names and memories

AT LARGE



Rina Jimenez-David

A history lesson for Koizumi

WORLD VIEW

Wenran Jiang

Fire and rain

YOUNG BLOOD

NOTICE TO YOUNGBLOOD CONTRIBUTORS:

THEY SAID

Inherited fruits

Ironic plea

The INQUIRER is a member of the PHILIPPINE PRESS INSTITUTE

A crime against humanity

LETTERS

Libelous slur against IBP

Dispute in democracy

Also a loss for ordinary folk

Clarifying the issues on Biak na Bato reservation

Not a stupid people



Republic of the Philippines
DEPARTMENT OF LABOR AND EMPLOYMENT
Intramuros, Manila

D.O.L.E. CIRCULAR No. 1
Series of 2006

ADMINISTRATIVE INTERVENTION FOR DISPUTE AVOIDANCE

(Sgd.) ARTURO D. BRION
Secretary

Chavit wants Poro Pt. deal nullified



ILOCOS SUR GOV. LUIS "Chavit" Singson, a close ally of President Macapagal-Arroyo, yesterday came out in the open to campaign to rescind a 25-year contract held by a joint venture firm to operate the Poro Point seaport.

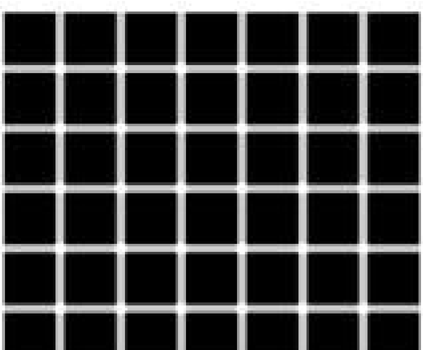
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Firm says pressure strong for gov't lawyers to void contract

[illegible]



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27M kg of RP onions may rot due to imports



₱30,000 dangled to Vizcaya board members for STL

BI office probed for human smuggling, extort racket

Benguet co-op told to return ₱33M in overcharges



ROUNDUP

Ex-vice mayor slain

Rebs raid village hall

Hospital supply donated

₱143M in logs seized





5 youths raise hope with voters' drive

A question of hope

Youth empowerment

Changes in system

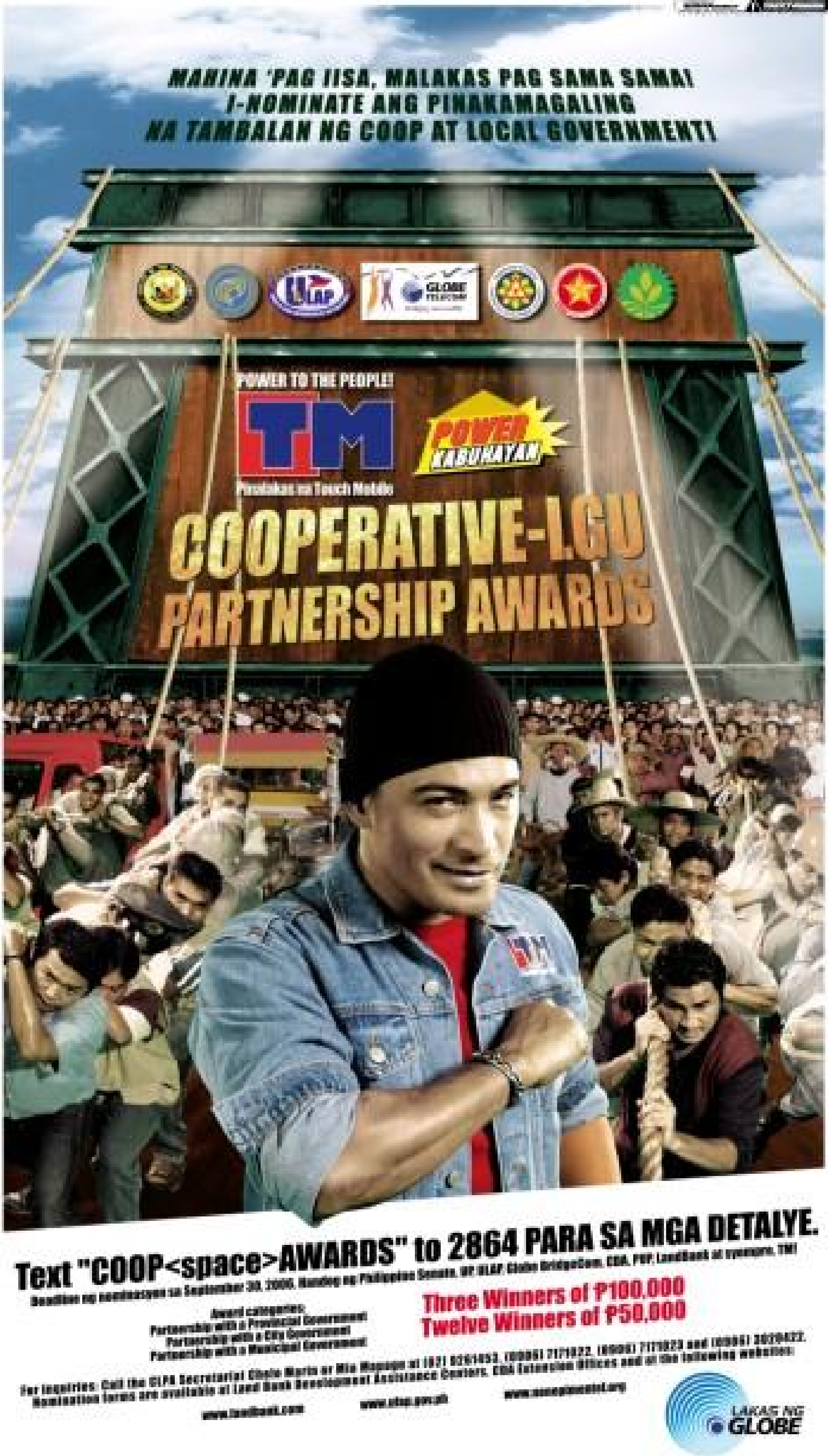
Vote counts

Cory prays for Gloria, as she did for Marcos

Pray for each other






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Award categories:
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Partnership with a City Government
Partnership with a Municipal Government
LAKAS NG GLOBE

A plus METRO



Love (and marriage) in the air for this Quezon City couple

By DJ Yap

More turnstiles planned for roads

6 major thoroughfares eyed

By Tarra V. Quismundo

Alternative education for youth

By DJ Yap

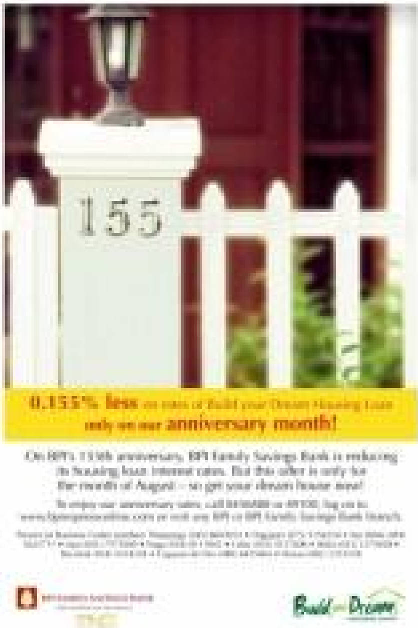
Second look at huge billboards

By Edson C. Tandoc Jr.



Spades and hoes for cops

By Margaux C. Ortiz



No street exit at tunnel's end



By Edson C. Tandoc Jr.

MetroBriefs

Step up anticrime drive, police chief tells men

Pamantasan alumni meeting set Aug. 26

Navotas boosts health drive to prevent diseases

'Europa Ko 'To' art contest deadline moved to Aug. 31

Tondo barangay official in hot water

By Margaux C. Ortiz

Slay suspect gets life term

By DJ Yap

Suspect in Malabon murder falls

By Nancy C. Carvajal



Did you know

No hurry in looking for MPD chief

By Tina G. Santos

GMA should allow opening of the boxes

On Target
Ramon Tulfo



Saddam faces new trial on genocide charges



TWO KURDISH survivors from the Anfal campaign of the late 1980s, for which Saddam Hussein and six codefendants will go on trial starting Aug. 21.

WORLDBRIEFS

Egypt train crash kills 51

US, S. Korea start military drills

Thaksin sues critic for black magic remarks

Gunfights as Congo heads for poll runoff

Iran says it won't halt atomic work

No probe of Madonna mock crucifixion act



PHOTOGRAPHER'S GONE, BUT IMAGE REMAINS
US Marines raise the American flag atop Mt. Suribachi, Iwo Jima, on Feb. 23, 1945. Joe Rosenthal, who won a Pulitzer Prize for this memorable image died Aug. 20. He was 94.

'British' night vision goggles discovered in Hezbollah HQ

FROM BUSINESS CLASS TO JAIL

JonBenet murder suspect lands in US



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The WORLD

Israeli anger grows over war's conduct

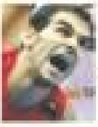
JERUSALEM—ISRAELI PUBLIC ANGER AT the way the nation's leaders conducted the war in Lebanon grew Monday, with a group of reservists publishing a public letter of protest and a top general saying the military was guilty of arrogance.



LEBANESE soldiers sit on their tanks in Tyre, Aug. 21 awaiting deployment to the border following last week's ceasefire between Hezbollah and Israel. AFP

UN: Week-old Lebanon truce may yet unravel





WHAT'S INSIDE

■ **Spain blasts** Germany; Argentina, Angola thru/A23

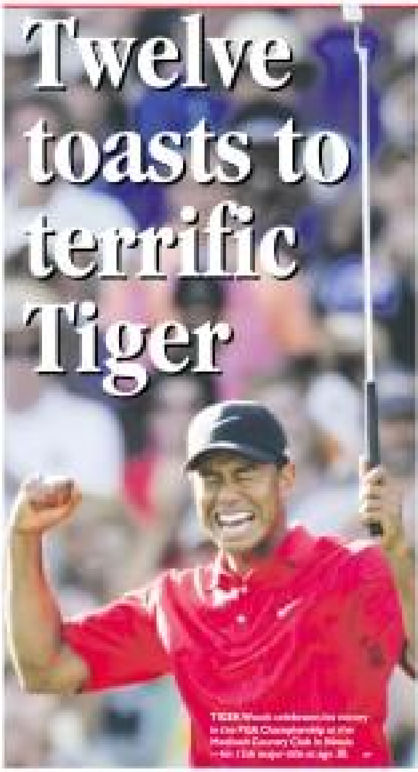
SPORTS

Editor: Teddyvic S. Melendres

■ **Vengeful** Phelps, Hansen smash world records at Pan Pac meet /A23



Twelve toasts to terrific Tiger



TIGER Woods celebrates his victory in the PGA Championship at the Medinah Country Club in Illinois —his 12th major title at age 30.

Woods nails No. 12 with PGA victory

MEDINAH, ILLINOIS—An emotional wreck at Hoylake, a machine at Medinah.







Wakee ignores Pacquiao tie-up talk



Crucial Japan Fiba congress to tackle RP status

By Marc Anthony Reyes

Nationals rip Koreans for 2nd win in Brunei



Red Bull's Guiao taps yet another ex-Atenean

By June Navarro



Philracom summons ace jockey Zarate

By Musong R. Castillo

Realtors want lifetime ban on Cabagnot



PAGULAYAN

Pagulayan routs Valle, bags nat'l title

By Musong R. Castillo

Spring Tagaytay cagers score, boost crown bid

Triple V-Media Golf Classic tees off at Wack Wack today

SPORTSWATCH

Four NBC standouts make it to pro ranks

Spain blasts Germany; Argentina, Angola thru





Hurst prevails as Jang muffs it



STI notches win No. 7; Holy Angel five scores

Homegrown Cup to test worth of Ateneans



Vengeful Phelps, Hansen smash world records at Pan Pac meet



Roddick in-form again, wins 1st title



Torre, Nadera held to draws

SPORTS

Gorres poised to replace Bautista

Bardon ready to defend RP fly title

'Streak's fine but a title is better'

Dozen toast to terrific Tiger

Twice at Medinah

Three-way tie

At least by five

Bad break

Golf Career Grand Slams

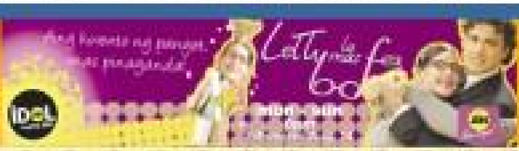




THE TITLE is in the bag. Tiger Woods walks off the 18th green with wife Elin Nordegren.

Crack RP bets get going in Singapore

INQUIRER TV GUIDE Tuesday, August 22, 2006



TV SCHEDULES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

Business

Editor Raul D. Marcelo • Assistant Editor Corrie S. Narisma

Tan firm presses claim on Naia 3

AEDC offers to finish project, pay Piatco

By Daxim L. Lucas

LUCIO TAN-OWNED ASIA'S EMERGING DRAGONS CORP. (AEDC) has upped the ante in its bid to take control of the mothballed Ninoy Aquino International Airport (Naia) Terminal 3.

IN THIS ISSUE

SSS chief barred from holding EPCIB post

By Doris C. Dumlao

Currencies



Stock Market



Markets resume trading



Gov't to use state-owned firms in pump-priming plan

Role of GOCCs in credit programs eased

Man for all reasons

BREAKTIME



Conrado R. Banal III

Pump-priming program gets P8.6B from VAT collection



TEVES

BCDA says airport authority owes it ₱1B in lease payments

NOTICE OF MERGER

PHILAM SAVINGS BANK

AIG Credit Card Company Philippines, Inc.

Notice is hereby given that the Articles of Merger and Plan of Merger of **PHILAM SAVINGS BANK, INC.**, a corporation duly organized and existing under Philippine law with office address at the 20th Salustiana D. Ty Tower, 104 Paseo de Roxas, Legaspi Village, Makati City (hereinafter referred to as "PHILAMBANK"), as the surviving corporation, and **AIG CREDIT CARD COMPANY PHILIPPINES, INC.**, a corporation duly organized and existing in accordance with Philippine law with office address at the 15th Floor, San Miguel Properties Center, St. Francis Avenue, Ortigas Center, Mandaluyong City (hereinafter referred to as "AIGCCCPI"), as the absorbed corporation, have been approved in meetings duly called for the purpose by the majority vote of their respective Boards of Directors and by at least two thirds (2/3) votes of the outstanding capital stocks of both PHILAMBANK and AIGCCCPI.

Upon the effectivity of the merger, PHILAMBANK shall continue to operate under the name "**AIG PHILAM SAVINGS BANK, INC.**"

This announcement shall serve as notice to all parties concerned (including the creditors of PHILAMBANK and/or AIGCCCPI) of the legal effects of the merger between PHILAMBANK and AIGCCCPI, and the legal dissolution of the absorbed corporation (AIGCCCPI).

MANUEL L. ORTEGA
Corporate Secretary
Philam Savings Bank, Inc. and
AIG Credit Card Company Philippines, Inc.

Tan firm presses claim on Naia 3

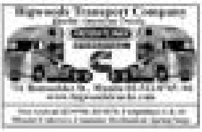
SSS chief barred from holding . . .

BOI OKs incentives for people's car assemblers

Retail price ceiling set at P350,000/unit

LandBank loans to agri sector hit ₱16B in first half












Meralco, Transco resume talks on sub-transmission assets

Deal seen to cost ₱700-₱900M



ORTIZ

SM spends ₱5B for 3 new malls

RCBC to sell ₱3B worth of assets in Sept.

CASE AGAINST NTC

Court favors Lopez telco

SMC to keep control of NatFoods

IN THIS ISSUE

LIFESTYLE

Call to readers

Easy-to-swallow diet tips

WELL AND GOOD



Tina Juan

An ancient recipe for well-being

Developed by Tibetans, Brown Rice tea supposedly invigorates body and soul



10 times better

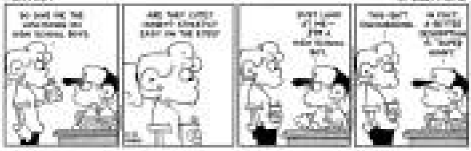
EXERCISE OF THE WEEK



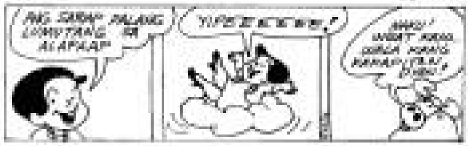
Prone opposite arm and leg lift



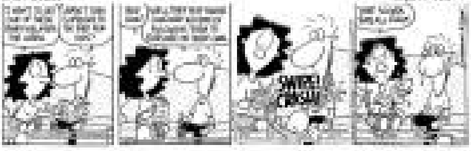
FOXTROT BY BILL AMEND



A. LIPIN BY JESS ABRERA



BABY BLUES BY JERRY SCOTT



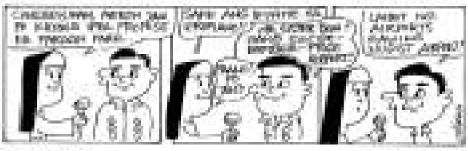
PUGAD BABOY BY PM JUNIOR



MUTTS BY PATRICK McDONNELL



LOVEHOTS BY ELIZABETH CHIONGLO



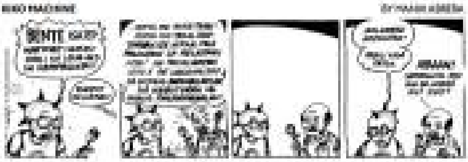
ATOMO AND WEBBY

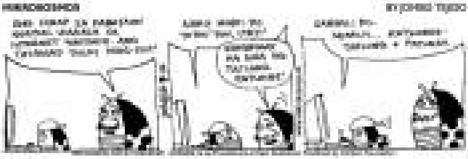


DIVINE COMEDY



WHO MACHINE

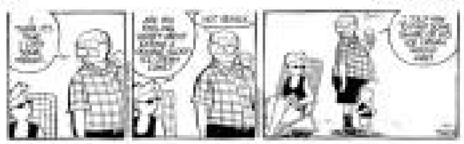




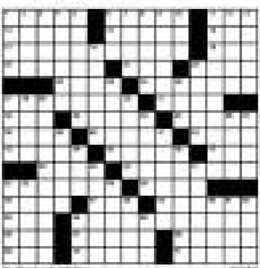
TULDOK



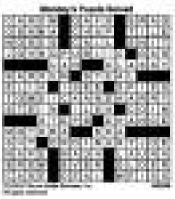
BEN BY DANIEL SHELTON



DAILY CROSSWORD



Monday's Puzzle Solved



HOROSCOPE

CONCEPTIS SU DOKU

Conceptis Sudoku by Dave Green

7			2		5			6
		4		9		5		
	1						7	
4			1		8			7
	2						8	
3			9		4			1
	6						1	
		9		8		4		
5			6		7			2

Difficulty Level ★★

HOW TO PLAY SU DOKU

Answer to previous puzzle

The power to materialize things

INNER AWARENESS

Jaime T. Licauco



THE CHRISTIAN BIBLE has a story about Jesus Christ feeding 5,000 people with a few pieces of bread and fish. Not only did they have their fill, but several baskets of leftovers were collected.

This act is considered a miracle in Christianity. Today, the science of parapsychology calls it "materialization," producing something out of nothing.

Stage magicians and illusionists, like the world-renowned David Copperfield, can make birds appear out of nowhere and even make a live elephant disappear in front of a large crowd. But they do these by sleight of hand, illusion or trickery.

I have personally seen cases of materialization that are not products of illusion or trickery. One involved Sri Lankan spiritual guru Swami Premananda. He just moves his hand, palm down, in the air. When he turns his palm up, a cluster of a [illegible] or anything and [illegible] appears on it.

He has done this countless of times before various audiences. I've also seen video tapes of more spectacular materializations performed by the Indian guru Swami Satya Sai Baba.

Many scientific observations have been done by western investigators on these two spiritual teachers with extraordinary psychic powers. No one has ever proved that any one of them is performing trickery. They were genuine materializations.

Our world famous Filipino faith healers and psychic surgeons are also able to materialize things. But what they materialize are diseased tissues or flesh and blood, not birds or elephants. They also materialize objects inserted into sick bodies through sorcery or black magic, such as broken glass, cockroaches, nails, egg shells, hair, plastic ropes, etc.

Mental power

How is materialization done? There are different ways of doing this. One is through sheer mental power.

A person must be able to visualize in very clear and vivid detail the object he wishes to materialize. He must be able to see, feel, taste, smell and hear the object. He must also have a strong desire or intention to make that object appear physically in front of him. And he must be able to slow down his brain waves to the Theta level (almost zero to four cycles per second) without falling asleep. These are the conditions for materialization to take place.

In the late '80s, I observed a poor man named [illegible] materializing coins from his mouth on the streets of Edsa Central in Mandaluyong City. He and jeepney drivers would give him, for example, 25-centavo coins. He would put the coin in his empty mouth and when he opened it, a one-peso coin had replaced the 25-centavo coin.

Others are able to materialize things with the help of some spirit helpers or guides and not just through their mental powers. These people are able to get such spirits to do their bidding.

Materialization need not be immediate or instantaneous, like what Swami Premananda or Swami Sai Baba does. It can be over a period of time. But the result is the same: eventually, namely, the sudden physical appearance of something desired.

For example, a housewife can often wants to eat a banana but it was not being sold nearby. After a while, that same afternoon, somebody knocked on her door, a banana vendor. He said it was not his usual route. Isn't this a case of materialization, too?

Examples

There are many examples of this type of materialization in daily life. A boy wishing to have a particular toy receives it as a gift, although he told no one about it. A lonely employee wanting to own an expensive cellphone he couldn't afford suddenly gets one from a cousin who unexpectedly arrives from Saudi Arabia.

A regular reader of this column sent me recently a text message saying, on many occasions, what she had in mind would just come to her or would be offered to her without her telling anybody about it.

If one argues that only God can make miracles, like making things appear out of nowhere, tell him that Jesus Christ himself said in the Bible (John 14:12): "All the works that I have done you can do, and much more than these."

If Jesus Christ, who is the son of God, said this, it must be true we can materialize things like he did over 2000 years ago.

Note: I will conduct my two-day seminar on Inner Mind Development in Royal Mandaya Hotel in Davao City Aug. 26-27. Call Joe Sagdahan at 0917-8133640 or Dr. Joe Ragasa at 0916-7583868. Don't miss this.

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An ancient recipe ...

From page C1

by cleansing it of impurities. Licorice is also believed to relieve cough, colds and sore throats and facilitates digestion.

Dan shen, taken like mercy juice in China, he said, thinned blood vessels to promote better circulation. It nourishes blood cells, boosts the immune system and increases energy level.

Low said all the goodness of brown rice was retained during processing of the tea. The whole grain is fried before it is ground and mixed with superior grade dan shen and licorice. Hence, it is even recommended that the residue, after the liquid is drained from the cup, be eaten. Other benefits include improvement of qi (the life force or spiritual energy), easier and better complexion, and reduction of tummy bulge.

"Brown Rice Tea relaxes the body, relieves stress, and makes you sleep better. This is the only health drink that actually relaxes, and eventually eliminates, night urination [illegible] sleep," Low said.

As you like it

Brew it anyway you wanted, said Low—mixed with yogic, noodles and food. Or have it the traditional way, but like regular tea.

Thousands of written testimonials found in the company extol the beverage's benefits. William Gaolo, president and CEO of [illegible] Corp., local distributor of the Brown Rice Tea, said he first tested the product's claims before bringing it to the country.

Gaolo said the pressures of running the family business, worrying over profits, etc., made sleep almost impossible each evening even when he was beat from work. But, a week after consistently drinking the tea, the condition finally melted, sending him straight to slumberland.

"I believe in Low's product. That's the only reason I've decided to bring the tea to Filipinos," Gaolo said.

The Brown Rice Tea has passed strict Filipino approval standards for high-quality product that it has been allowed to use the [illegible] seal on its packaging. The product will soon be available in all Mercury Drugstore outlets.

E-mail the author at [illegible]@inquirer.com.ph

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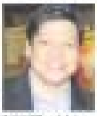










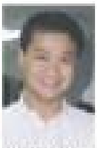






'God's country on earth' is just west of Manila



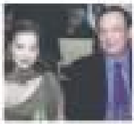




WITHOUT BATTING AN EYELASH



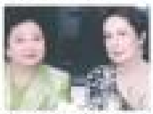




Close pals at Red

Good finds















The language of pain

Pain speaks

INSIDE OUT



Denial

Mind-body conflict

Pain-free life

The best

Affirmation

ENTERTAINMENT





RP films can 'cross over'

But there's no surefire formula, says Roger Garcia, H'wood producer and festival director

IF YOU'RE A YOUNG FILipino filmmaker hoping to crash the international film community, don't turn to Hollywood producer and festival director Roger Garcia for quick and easy how-to's. There's no surefire formula, he would readily insist.

Take Five

Ogie keeps mum about annulment moves



Not running

Not threatened

Mother role

Guest list

Debut album

Ketchup catches up

Siete at Dish



Fixing Period	Interest Rate*	Monthly Amortization**
1-year	10.00%	P 9,651
2-year	10.50%	P9,984
3-year	11.00%	P10,322
5-year	11.25%	P10,493
10-year	11.50%	P10,665







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1 CLICK - THX
2 MY SUPER EX-GIRLFRIEND
3 THE DEVIL WEARS PRADA
4 KUBRADOR
5 OH MY GHOST!
6 MIAMI VICE
7 MORTUARY
8 AMERICAN DREAMZ
9 THE BUTTERFLY EFFECT 2
10 SUKOB

ERMITA

1 MY SUPER EX-GIRLFRIEND
2 THE DEVIL WEARS PRADA Sneak Preview
3 MORTUARY
4 CLICK
5 SUKOB
6 THE BUTTERFLY EFFECT 2
7 OH MY GHOST!

METRO EAST

1 THE DEVIL WEARS PRADA Sneak Preview
2 MY SUPER EX-GIRLFRIEND
3 STORMBREAKER
4 SUKOB
5 THE BUTTERFLY EFFECT 2
6 MORTUARY
7 CLICK
8 OH MY GHOST!

NOVALICHES

1 MY SUPER EX-GIRLFRIEND
2 MORTUARY
3 OH MY GHOST!
4 SUKOB
5 THE DEVIL WEARS PRADA

CITISQUARE MALABON

1 SUKOB
2 CLICK
3 RESERVE
4 RESERVE

PIONEER

1 MY SUPER EX-GIRLFRIEND
2 THE DEVIL WEARS PRADA
3 OH MY GHOST!
4 THE BUTTERFLY EFFECT 2

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THX

STA. ROSA

1 OH MY GHOST!
2 CLICK
3 THE ANT BULLY
4 SUKOB

LIPA

1 THE ANT BULLY
2 SUKOB
3 CLICK
4 OH MY GHOST!

DASMARIÑAS

1 WOLF CREEK
2 MIAMI VICE
3 OH MY GHOST!
4 SUKOB

ANGELES

1 CLICK
2 MY SUPER EX-GIRLFRIEND
3 OH MY GHOST!
4 SUKOB

IMUS

1 OH MY GHOST!
2 STORMBREAKER
3 MY SUPER EX-GIRLFRIEND
4 SUKOB
5 THE DEVIL WEARS PRADA

STARMILLS

1 MY SUPER EX-GIRLFRIEND
2 SUKOB
3 CLICK
4 OH MY GHOST!
5 THE BREAK-UP
6 STORMBREAKER

BACOLOD

1 THE BREAK-UP
2 CLICK
3 OH MY GHOST
4 JUST MY LUCK
5 SUKOB
6 TAKMAN

ILOILO

1 CLICK
2 OH MY GHOST!
3 THE BREAK-UP
4 JUST MY LUCK

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Uma Thu[rman] to the res[cue]

Feedback

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RP films can 'cross over'

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[illegible]

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AT THE CINEMAS

Cinema							
G1	1 The Devil Wears Prada	2 My Super Ex-Girlfriend	3 Mortuary	4 Oh My Ghost			
G4	1 Click	2 Sukob	3 My Super Ex-Girlfriend	4 American Dreamz	5 Kubrador	6 The Devil Wears Prada	7 Freedomland
GB1	1 My Super Ex-Girlfriend	2 The Devil Wears Prada					
GB3	1 The Devil Wears Prada	2 My Super Ex-Girlfriend	3 Freedomland	4 American Dreamz	5 Click		
ATC	1 The Devil Wears Prada	2 My Super Ex-Girlfriend	3 Click	4 The Butterfly Effect 2	5 American Dreamz		
ACC	1 My Super Ex-Girlfriend	2 Miami Vice	3 Wolfcreek	4 Click			
M2	1 My Super Ex-Girlfriend	2 The Butterfly Effect 2	3 The Devil Wears Prada	4 Oh My Ghost	5 Sukob		

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AYALA CENTER CEBU	MARKET! MARKET!





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presents

Tabu

with music by Bo-Razon

on Tuesday, August 22, 2006, at Greenbelt 1 Cinema 2, 8:00 PM

Globe



Jazz Nights

with PIDO at Greenbelt 2 August 16 & 30, 2006 7:30 p.m.

with JINKY VIDAL of FREESTYLE at Greenbelt 2 August 9 & 23, 2006 7:30 p.m.

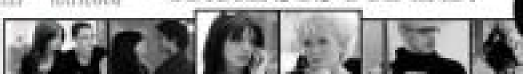


THE DEVIL WEARS PRADA

OPENS AUGUST 30

"IRRESISTIBLE!"

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Viewfinder



Nestor U. Torre

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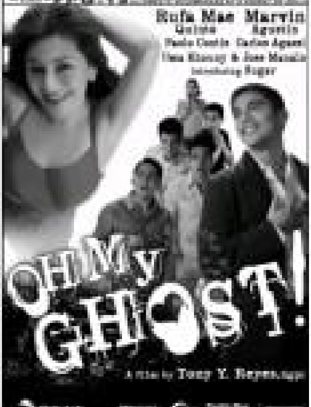
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